



## **PLAYER COMMITMENT LETTER**

As a Badshot Lea Youth & Colts player, I understand the difference between being ordinary and being extraordinary is a little extra effort. I understand that wanting to win on the day of the game is worth nothing unless I have the will to prepare to win before the day of the game. So that I might be the best player and team member that I am capable of becoming, I promise to do the following:

- ◆ I promise to arrange my schedule so that I can come to training regularly and on time, and to participate in scheduled games and tournaments.
- ◆ I promise to work hard at training to improve my football skills and my understanding of the game.
- ◆ I promise that, at training, I will give my Coach my full attention. When the Coach is talking, I will stop talking and I will keep my ears and my eyes on the Coach. I will not distract others during the training session.
- ◆ I promise to do whatever is asked of me on the football field, without complaining, for the good of the Team.
- ◆ I promise always to encourage and respect, and never to criticise or abuse my team-mates.
- ◆ I promise always to keep trying and never quit until the game is over.
- ◆ I promise to come to each game, on time, well rested, and with an attitude that says... "it may be difficult but I believe that we can win".
- ◆ I promise to adhere to the Club's Player Code of Conduct.

I acknowledge that failing to comply with the Club's Player Code of Conduct or the above commitments may result in being dropped from the Team, excluded from training or in extreme cases asked to leave the Club.